



Highway Equipment & Supply Co.
ARTS AND PARKS
5K RUN/WALK



Friendship Center, 5000 Commons Drive, Harrisburg

Saturday, July 18, 2015

Registration 7:00 am; 5K Run and Walk 8:00 am

NAME _____ AGE _____
(on race day)

STREET _____ CITY _____

STATE _____ ZIP _____ PHONE _____

EMAIL _____

Payment Details**

#	Event/Item	Cost Per	Total
	5K Run (includes shirt) - Pre-Registration	\$20.00	\$
	5K Run (includes shirt), age 14 & under	\$15.00	\$
	5K Walk (without shirt)	\$10.00	\$
	5K Lower Paxton Police, Firefighter, EMS, Employees (includes shirt)	\$15.00	\$
	Race Day 5K Registration (includes shirt while supplies last)	\$25.00	\$
	Race Shirts (list number of shirts per size below)	\$10.00	\$
	YS	YM	YL
	AS	AM	AL
	AXL	A2XL	A3XL

Cash or Check made payable to:
Lower Paxton Township
5000 Commons Dr
Harrisburg PA 17112

Details:

Children 10 and under participate for free; please give us their name and age. T-shirts are included for all pre-registered 5K Run participants. Those participating in the 5K Walk can purchase a T-shirt for \$10.00. Race Day registration and sales are on a first come first served basis, while supplies last.

CASH PRIZES WILL BE AWARDED TO THE TOP THREE OVERALL MALE AND FEMALE FINISHERS.

Additionally, awards will be presented to the top three finishers in each age group, in 10 year increments.

Participants under the age of 18 must have a parent or legal guardians' signature. All waivers (see reverse side) must be signed before you can participate in the ARTS & PARKS 5K or ONE MILE FUN RUN/WALK.

Signature _____

Date _____

Register online at <https://register.runhigh.com/Register/?event=30834>

HIGHWAY EQUIPMENT & SUPPLY CO.
ARTS AND PARKS 5K RUN/WALK
WAIVER/RELEASE

I am over the age of 18 or have obtained my parent or guardian's consent as I hereby certify the following:

(1) I know that running and/or walking in a race is a potentially hazardous activity and I should not enter and run unless I am medically able and properly trained. I am aware and assume all risks, including, but not limited to effects of weather (including high heat and humidity), traffic, course conditions, falls, and contact with other participants. (2) In consideration of my application to participate in the Arts and Parks 5K Run/Walk being accepted, I, on behalf of myself, my heirs and assigns, and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates, as well as their agents and employees from any and all claims that may accrue as the result of my participation, including but not limited to injury, illness, loss of life or property damage. (4) I understand that non-race participants and dogs may be on the trail and enter this race at my own risk. (5) I hereby grant Lower Paxton Township specific permission to reproduce, publish, circulate copyright or otherwise use any and all photographs and/or videotape of me and/or my family, taken at the event. (6) I acknowledge that all registration fees and donations are non-refundable and non-transferable.

PRINT NAME

AGE

DATE

SIGNATURE

PARENT/GUARDIAN NAME (if signing for a minor)

Relationship to Participant